

APRIL TO  
OCTOBER 2025



# WEEKLY MENU



## MONDAY

### WEEK ONE

21<sup>ST</sup> APRIL  
12<sup>TH</sup> MAY  
9<sup>TH</sup> JUNE  
30<sup>TH</sup> JUNE  
21<sup>ST</sup> JULY  
1<sup>ST</sup> SEPTEMBER  
22<sup>ND</sup> SEPTEMBER  
13<sup>TH</sup> OCTOBER

Mild Chilli Beef  
Tomato & Herb Penne Pasta **1 VG**  
Jacket with a Choice of Toppings **7,8,9**

Rice, Mixed Peppers, Peas

Jammy Finger **1,6 VG**  
& Custard **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

## TUESDAY

Chicken & Tomato Pasta Shells **1**  
Cheese & Bean Wrap Pocket & Wedges **1,7 VG**  
Jackets with a Choice of Toppings **7,8,9**

Seasonal Vegetables

Ice Cream **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

## WEDNESDAY

Sausage Roll & Gravy **1,6**  
Vegetable Sausage & Gravy **VG**  
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes, Green Beans,  
Carrots

Fruit Jelly **VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

## THURSDAY

Margherita Pizza **1,3,7 V**  
Loaded Bean Wedges **VG**  
Jackets with a Choice of Toppings **7,8,9**

Rainbow Pasta **1**, Sweetcorn, Coleslaw **9**

Sultana Cake **1VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

## FRIDAY

Fish Fingers **1,8** or  
Salmon Fish Cake **1,7,8**  
Cheese & Tomato Pinwheel **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Baked Beans,  
Cucumber

Caramel Cookie **1,7**  
Yoghurt **3,7**  
Fruit Pots **VG**

### WEEK TWO

28<sup>TH</sup> APRIL  
19<sup>TH</sup> MAY  
16<sup>TH</sup> JUNE  
7<sup>TH</sup> JULY  
8<sup>TH</sup> SEPTEMBER  
29<sup>TH</sup> SEPTEMBER  
20<sup>TH</sup> OCTOBER

Vegetable Nuggets with Tomato Sauce  
& Rainbow Rice **1VG**  
Tomato & Sweetcorn Pasta **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Carrots, Peas

Vanilla Sponge **1VG** & Custard **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Minced Beef Pie **1**  
Cheesy Pasta Twists **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Crushed Potatoes  
Seasonal Vegetables

Chocolate & Mandarin Mousse **7,3**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Roast Chicken & Gravy  
Vegetable Pastry Puff **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes  
Cabbage, Carrots

Cornflake Cookie **1,3,7,16**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

Pulled Pork Loaded Wedges  
Tomato Spaghetti **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Green Beans, Coleslaw **9**

Spiced Apple Focaccia **1,3 VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

Margherita Pizza **1,3,7 V**  
Tuna Penne Pasta **1,7,8**  
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Grated Carrot

Oaty Biscuit **1,15 VG**  
Yoghurt **3,7**  
Fruit Pots **VG**

### WEEK THREE

5<sup>TH</sup> MAY  
2<sup>ND</sup> JUNE  
23<sup>RD</sup> JUNE  
14<sup>TH</sup> JULY  
15<sup>TH</sup> SEPTEMBER  
6<sup>TH</sup> OCTOBER

Bolognese Pasta Shells **1**  
Savoury Cheese Swirl **1,7 V**  
Jackets with a Choice of Toppings **7,8,9**

Baked Wedges  
Seasonal Vegetables

Ice Cream **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Mild Chicken Curry  
Herby Tomato Penne Pasta **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Rice, Green Beans, Carrots

Peach Sponge **1VG** & Custard **7**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Sausages & Gravy **1,6**  
Vegetable Sausage & Gravy **VG**  
Jackets with a Choice of Toppings **7,8,9**

Rustic Roast Potatoes, Broccoli, Swede

Fruit Jelly **VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

Macaroni Cheese **1,7 V**  
Tomato & Vegetable Puff **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Carrots, Mixed Peppers

Chocolate Cake **1 VG**  
Mr Nourish Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

Fish Fingers **1,8**  
Vegetable Nuggets **1 VG**  
Jackets with a Choice of Toppings **7,8,9**

Chips, Peas, Sweetcorn, Coleslaw **9**

Ginger Biscuit **1 VG**  
Yoghurt **3,7**, Fruit Pots **VG**

**AVAILABLE DAILY** 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Norfolk Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

